

My Stronger Self

JULY 1ST TO JULY 31ST

RULES

Bring a friend to train

☀ put your name in 1 time.

If a friend joins

☀ put your name in 3 times.

We'll draw a name August 1st
and the winner will receive a \$75
gift certificate to

StillWater Grill.

TAKE SOME CARDS TO HAND OUT
TO EVERYONE YOU KNOW AND
INCREASE YOUR CHANCES TO

WIN!

TESTIMONIALS

As always, thank you for your continued support! Lori